

# SMHR 2018 Conference Program Grid

| WEDNESDAY 28 NOVEMBER 2018: DAY 1 |  |  |  |   |  |
|-----------------------------------|--|--|--|---|--|
| 8:00am - 7:00pm                   | <b>Registration and Information Desk Open</b><br><i>SOFITEL Hotel Lobby</i>  |  |  |   |  |
| 8:30am-10:30am                    | <b>Conference Opening and Plenary</b>  |  |  |   |  |
| <i>Room</i>                       | <i>Noosa Ballroom</i>  |  |  |   |  |
| 8:30am - 8:45am                   | <b>Welcome / Acknowledgement of Country</b>  |  |  |   |  |
| 8:45am - 8:50am                   | Conference Opening - Convenors: Jim Lagopoulos & Dan Hermens   |  |  |   |  |
| 8:50am - 9:00am                   | Conference Opening Address - SMHR President: Frances Kay-Lambkin   |  |  |   |  |
| 9:00am - 10:30am                  | <b>Plenary Session 1</b>   |  |  |   |  |
| <i>Chair</i>                      | <i>Frances Kay-Lambkin</i>   |  |  |   |  |
| 9:00am - 9:45am                   | <b>International Keynote Presentation - Barbara Sahakian - Supported by NeuRA</b><br>Translational neuroscience: Early detection and improving cognition in neuropsychiatric disorders |  |  |   |  |
| 9:45am - 10:30am                  | <b>National Keynote Presentation - Chris Davey</b><br>Depression in young people: Setting the course for adulthood   |  |  |   |  |
| 10:30am -11:00am                  | <b>Morning Tea</b><br><i>Room: Lilly Pond Terrace</i>  |  |  |   |  |
|                                   | <b>Concurrent Session 1</b>  |  |  |   |  |
| 11:00am - 12:30pm                 | <b>eMental Health Symposium: The Economics of Digital Technology in Mental Health</b>  | <b>Physical Health in Mental Health Symposium: The Lancet Commission on "Improving Physical Health in People with Mental Illness": A Symposium on the Development, Progress and Initial Findings</b> | <b>Imaging</b>   | <b>Suicide Prevention Symposium: New Perspectives in Suicide Prevention</b>   | <b>Substance Use Symposium: Translating Neuroscience into the Addiction Clinic: Towards Effective, Personalised Accessible Clinical Care</b>       |
| <i>Room</i>                       | <i>Ballroom 1</i>  | <i>Ballroom 2</i>  | <i>Ballroom 3</i>  | <i>Laguna 1</i>   | <i>Laguna 2</i>  |
| <i>Chair</i>                      | <b>Mary Lou Chatterton</b>   | <b>Joseph Firth</b>  | <b>Kathryn Broadhouse</b>  | <b>Philip Batterham</b>   | <b>Rico Lee</b>  |
| 11:00am - 11:12am                 | Economic evaluations of eMental health interventions: A scoping review<br><b>Mary Lou Chatterton</b>   | The prevalence, burden, and key targets of physical health issues in mental illness: Identifying the scope and priorities for the commission<br><b>Joseph Firth</b>                                  | <b>Oral Presentations</b><br>Corticostriatal functional connectivity and psychosis-like experiences in a non-psychiatric community sample<br><b>Alex Fornito</b> | Suicide stigma, suicide literacy and help-seeking attitudes and intentions for suicide in Australian adolescents<br><b>Alison Calear</b>                                | Mapping sex differences in the neuroanatomy of alcohol dependence: Findings from the ENIGMA Addiction Working Group<br><b>Valentina Lorenzetti</b> |
| 11:12am - 11:24am                 | The cost-effectiveness of an internet intervention to facilitate mental health help seeking by young adults<br><b>Long Khanh-Dao Le</b>  | "Improving Prescribing Practices"; Understanding, avoiding and mitigating side-effects of psychotropic treatment<br><b>Dan Siskind</b>   | Preliminary evidence: Functional brain reorganisation in premanifest Huntington's disease using a modified stop-signal task<br><b>Maria Soloveva</b>             | "In their own words": A qualitative study investigating motives for suicide attempt in adolescents and young adults<br><b>Ally Nicolopoulos</b>                         | Persistence of value-modulated attentional capture is associated with risky alcohol use<br><b>Lucy Albertella</b>                                  |
| 11:24am - 11:36am                 | Economic evaluation of stepped care for the treatment of youth anxiety<br><b>Mary Lou Chatterton</b>   | "Going Multi-Disciplinary on Multi-Morbidity"; Implementing staff and service user behavior change to improve physical health<br><b>Simon Rosenbaum</b>  | Recovery of water diffusion abnormalities in adolescents with anorexia nervosa<br><b>Beatriz Martin Monzon</b>   | Suicide in adolescents exposed to the youth justice system: A 22-year retrospective data linkage study<br><b>Rohan Borschmann</b>                                       | The MonCOG Project: Developing and validating a purpose-built, online assessment tool for addictions<br><b>Rico Lee</b>                            |
| 11:36am - 11:48am                 | An economic evaluation of the Self-Management and Recovery Technology (SMART) research program in people with persisting psychosis<br><b>Lidia Engel</b>                               | "Innovations in Integration"; Looking beyond behaviour, to examine how a physical health culture can be integrated flexibly across mental health service settings<br><b>Cherie Galletly</b>          | Reappraisal-related neural predictors of treatment response to cognitive behavior therapy for Posttraumatic Stress Disorder<br><b>May Erlinger</b>               | The LifeSpan trial: Understanding how a multilevel suicide prevention approach will impact fatal, and non-fatal, suicide rates in Australia<br><b>Helen Christensen</b> | The effects of two smartphone-based cognitive training strategies on food choice in obesity<br><b>Naomi Kakoschke</b>                              |

|                         |   |   |  |  |   |
|-------------------------|---|---|--|--|---|
| 11:48am - 12:00pm       | Developing an open source data analytic toolkit for optimising early psychosis services<br><b>Matthew Hamilton</b>  | "Next Generation Solutions"; Using early intervention and novel treatments as protective approaches for preventing physical health inequalities in the next generation<br><b>Eoin Killackey</b>               | White matter microstructural correlates of sleep quality, neuropsychological functioning and stage of clinical syndrome in young adults with affective disorders<br><b>Jake Palmer</b> | Targeted suicide prevention strategies for people with drug and alcohol comorbidities – What can big data reveal?<br><b>Kate Chitty</b>  | <b>Oral Presentations</b><br>Overdose deaths in young people who have contact with the youth justice system: a whole-population retrospective cohort study<br><b>Jesse Young</b>                          |
| 12:00pm - 12:12pm       | <b>Oral Presentations</b>   | <b>Oral Presentations</b>   | Self-other processing: Neural correlates and relationship with social anxiety<br><b>Laura Finlayson-Short</b>  | The relationship between depression symptoms and suicidal ideation: Evidence from an online trial<br><b>Philip Batterham</b>   | Improving capacity of treatment services to better address co-occurring mental health and substance use disorders: Integrating perspectives from Australians with lived experience<br><b>Emma Barrett</b> |
|                         | Opportunities and challenges in large-scale dissemination of internet-based treatments for child and adolescent anxiety<br><b>Sonja March</b>   | Stepping up early mental health treatment: feasibility and acceptability of a real-world exercise program for help-seeking youth with at-risk mental states<br><b>Oscar Lederman</b>                          |  |  |   |
| 12:12pm - 12:24pm       | Enabling transdisciplinary collaboration in design and mental health: Engaging researchers, services, and end-users as partners through co-design<br><b>Stoyan Stoyanov</b>   | KBIM Adult Group: A lifestyle and life skills intervention for adults with severe mental illness<br><b>Rachel Morell</b>  | Examining genetic correlations of cortical surface area and thickness with neurological and psychological traits<br><b>Katrina Grasby</b>  | <b>Oral Presentations</b><br>Development and evaluation of a National Mental Health First Aid Course for Aboriginal and Torres Strait Islander People<br><b>Georgina Sutherland</b>                | Discussion  |
| <b>12:30pm - 1:30pm</b> | <b>Lunch and Poster Viewing</b><br><i>Room: Lilly Pond Terrace / Noosa Beach House Restaurant</i>   |   |  |  |   |
| 1:30pm - 3:00pm         | <b>Plenary Session 2</b>  |   |  |  |   |
| <i>Room</i>             | <i>Noosa Ballroom</i>   |   |  |  |   |
| <i>Chair</i>            | <i>Jim Lagopoulos</i>   |   |  |  |   |
| 1:30pm - 2:15pm         | <b>Invited AUS/NZ Speaker Presentation - Sharon Naismith</b><br>Sleep and body clocks: Are they relevant for depression and dementia?   |   |  |  |   |
| 2:15pm - 3:00pm         | <b>Invited AUS/NZ Speaker Presentation - Phil Ward</b><br>All together now – Implementing holistic care to improve physical and mental health outcomes for people living with severe mental illness                 |   |  |  |   |
| <b>3:00pm - 3:30pm</b>  | <b>Afternoon Tea</b><br><i>Room: Lilly Pond Terrace / Noosa Beach House Restaurant</i>  |   |  |  |   |
|                         | <b>Concurrent Session 2</b>   |   |  |  |   |
| 3:30pm - 5:00pm         | <b><u>Personality, Biological Psychiatry</u></b><br><b>Symposium: Borderline Personality in Young People Aged 15-25 Years</b>   | <b><u>Workplace Mental Health</u></b><br><b>Symposium: Novel Approaches to Prevent or Treat Mental Disorder Amongst at Risk Workers</b>   | <b><u>Mental Health in Vulnerable Populations</u></b><br><b>Symposium: The Mental Health of LGBTIQ Young People</b>  | <b><u>Youth Mental Health</u></b><br><b>Symposium: Collaboration in the Classroom: Delivering Research Interventions in School Settings to Reduce Mental Illness and Substance Use Among Youth</b> | <b><u>Symposium: Surf Therapy</u></b>   |
| <i>Room</i>             | <i>Ballroom 1</i>   | <i>Ballroom 2</i>   | <i>Ballroom 3</i>  | <i>Laguna 1</i>  | <i>Laguna 2</i>   |
| <i>Chair</i>            | <b>Andrew Chanen</b>  | <b>Samuel Harvey</b>  | <b>Yael Perry</b>  | <b>Bridianne O'Dea</b>   | <b>Phil Ward</b>  |
| 3:30pm - 3:42pm         | A randomised controlled trial of the Making Sense of Borderline Personality Disorder psychoeducation program for family and friends of youth with borderline personality disorder pathology<br><b>Andrew Chanen</b> | A prospective study of pre-employment psychological screening to predict psychological injury amongst police recruits<br><b>Ruth Marshall</b>   | Adapting an online depression prevention game with and for trans and gender diverse young people<br><b>Yael Perry</b>  | teen Mental Health First Aid: Helping adolescents to better support their friends<br><b>Laura Hart</b>   | The Next Wave: Building the evidence-base for surf therapy: A global perspective<br><b>Phil Ward</b>  |
| 3:42pm - 3:54pm         | An evaluation of the effectiveness of a general health screening tool for improving clinical practice for physical and sexual health in a youth borderline personality disorder program<br><b>Martina Jovev</b>     | The impact of communicating personal mental health risk profiles to working Australians in a smartphone app on distress and engagement: A non-inferiority randomised controlled trial<br><b>Isabella Choi</b> | Understanding the social and emotional wellbeing of Aboriginal and Torres Strait Islander LGBTIQ young people<br><b>Ashleigh Lin</b>   | What works in secondary schools? A review of classroom-based body image programs<br><b>Zali Yager</b>  | The complete package – Surfing, self-efficacy and stigma reduction for people living with mental health issues<br><b>Joel Pilgrim</b>   |

|                 |   |  |  |  |  |
|-----------------|---|--|--|--|--|
| 3:54pm - 4:06pm | Auditory verbal hallucinations in youth with borderline personality disorder<br><b>Katherine Thompson</b>   | A smartphone application for preventing workplace depression: A randomised controlled trial<br><b>Mark Deady</b>   | The impact of physical and sexual abuse on the mental health of trans young people<br><b>Penelope Strauss</b>  | Mental health training programs for secondary school teachers: A systematic review<br><b>Melissa Anderson</b>                                    | Comparing theories of change within surf therapy for differing global populations<br><b>Jamie Marshall</b>     |
| 4:06pm - 4:18pm | Outcomes of a randomised controlled trial of three forms of early intervention for youth with Borderline Personality Disorder<br><b>Andrew Chanen</b>       | Results from a cluster RCT evaluating HeadCoach, an online mental health training program to help workplace managers better support the mental health needs of their employees<br><b>Aimée Gayed</b> | #Chatsafe – LGBTI+ Youth perspectives on a national social media suicide prevention campaign<br><b>Michelle Lamblin</b>  | Internet-based prevention for alcohol and other drugs: An overview of the universal Climate Schools prevention programs<br><b>Lauren Gardner</b> | <b>Miriam Hartmann</b>   |
| 4:18pm - 4:30pm | <b>Oral Presentations</b>   | The RAW (Resilience at Work) Mindfulness Program: Results from a cluster randomised controlled trial with Australian Firefighters<br><b>Samuel Harvey</b>  | <b>Oral Presentations</b>  | Smooth Sailing: An evaluation of a new online mental health service for secondary students<br><b>Bridianne O'Dea</b>                             | Surfing with the Jimmy Miller Memorial Foundation: Increasing hope among at-risk youth<br><b>Kris Primacio</b> |
|                 | Low quality of life among Australian women with comorbid personality and mental state disorders<br><b>Bianca Kavanagh</b>                                   |  | Mental health, associated stigma and help seeking behaviour among the Afghan community in Australia<br><b>Sanam Ahmadzada</b>  |  |  |
| 4:30pm - 4:42pm | Borderline personality features: Genome-wide association meta-analysis and genetic associations with other psychiatric traits<br><b>Lucia Colodro Conde</b> | Promoting and maintaining mental health in at-risk populations: Prevention is better than cure<br><b>Jane Shakespeare-Finch</b>  | Recommendations for an effective mental health system for people with intellectual disability – Results from a major knowledge translation event<br><b>Simone Reppermund</b>                             | <b>Oral Presentations</b>  | Tai Wātea (Waves of Freedom) Surf Therapy Programme - Client outcomes<br><b>Krista Davis</b>                   |
| 4:42pm - 4:54pm | Do shared genetic factors explain the prediction of adult mental illness by childhood psychiatric symptoms?<br><b>Christel Middeldorp</b>                   | <b>Oral Presentations</b><br>A Web-based decision aid tool for disclosure of a mental health condition in the workplace: A Randomised Controlled Trial<br><b>Elizabeth Stratton</b>                  | Characteristics and outcomes for individuals found Not Guilty by Reason of Mental Illness (NGMI) in NSW over 25 years: Results from the Forensic Patient Database (FPD) project<br><b>Kimberlie Dean</b> | Sleep, anxiety and depression: The experiences of senior students at two high schools<br><b>Bridie Scott-Parker</b>                              |  |
| 5:00pm - 5:30pm | <b>SMHR AGM, Ballroom 1</b>   |  |  |  |  |
| 6:00pm - 8:00pm | <b>Welcome Reception, Poolside Terrace, SOFITEL Noosa Pacific Resort - Sponsored By CQUniversity</b>  |  |  |  |  |

| THURSDAY 29 NOVEMBER 2018: DAY 2 |   |   |   |  |   |
|----------------------------------|---|---|---|--|---|
| 8:00am - 5:00pm                  | <b>Registration and Information Desk Open</b><br>SOFITEL Hotel Lobby  |   |   |  |   |
| 7:00am - 8:30am                  | <b>Early to Mid Career Researcher Breakfast - Sponsored by PREMISE</b><br>Meeting Point: Laguna Room 1  |   |   |  |   |
| 8:30am - 10:30am                 | <b>Plenary Session 3</b>  |   |   |  |   |
| Room                             | Noosa Ballroom  |   |   |  |   |
| Chair                            | Dan Hermens   |   |   |  |   |
| 8:30am - 9:15am                  | <b>International Keynote Presentation - Barbara Sahakian</b><br>Cognitive inflexibility in obsessive compulsive disorder: Possible treatments to improve plasticity and flexibility and reduce symptoms |   |   |  |   |
| 9:15am - 10:30am                 | <a href="#">Frontiers for Young Minds Live Review</a>   |   |   |  |   |
| 10:30am - 11:00am                | <b>Morning Tea</b><br>Room: Lilly Pond Terrace  |   |   |  |   |
| <b>Concurrent Session 3</b>      |   |   |   |  |   |
| 11:00am - 12:30pm                | <b><u>eMental Health</u></b><br><b>Symposium: Quality, Acceptability and Trust in Apps for Mental Health: How, Why and Where Next?</b>  | <b><u>Brain Stimulation Therapies, Mood Disorders</u></b><br><b>Symposium: Innovations in Therapeutic Brain Stimulation for Mental Illness</b>  | <b><u>Youth Mental Health</u></b>   | <b><u>Psychosis</u></b>  | <b><u>Epidemiology &amp; Public Health, Ageing &amp; Mental Health</u></b><br><b>Symposium: Innovations in Global Child and Adolescent Psychiatric Epidemiology</b>                   |
| Room                             | Ballroom 1  | Ballroom 2  | Ballroom 3  | Laguna 1   | Laguna 2  |
| Chair                            | Kit Huckvale  | Manreena Kaur   | Amanda Clacy  | Dan Siskind  | Holly Erskine   |
| 11:00am - 11:12am                | Determining the efficacy of smartphone interventions for common mental disorders: independent meta-analyses for anxiety and depressive symptoms<br><b>Joseph Firth</b>                                  | Targeting the brain-heart connection to personalise and optimise rTMS treatment for depression<br><b>Manreena Kaur</b>  | <b>Oral Presentations</b><br>Physical activity interventions for young people with depression: Evidence and implementation<br><b>Alex Parker</b>  | <b>Oral Presentations</b><br>The epidemiology of psychosis in Indigenous populations in Cape York and the Torres Strait<br><b>Fiona Charlson</b>                       | The global coverage of prevalence data for mental disorders in children and adolescents<br><b>Meaghan Enright</b>   |
| 11:12am-11:24am                  | The ins and outs of conducting a systematic app review<br><b>Louise Thornton</b>  | A decade of rTMS in South Australia<br><b>Cherrie Galletly</b>  | Planning mental health services for young people with severe, complex and persistent mental illness<br><b>Kate Gossip</b>   | Does cortical brain morphology act as a mediator between childhood trauma and transition to psychosis in young people at ultra high risk?<br><b>Cali Bartholomeusz</b> | The impact of sampling methodology on the prevalence of autism spectrum disorder<br><b>Damian Santomauro</b>  |
| 11:24am - 11:36am                | Sales patter or science? Markers of mental health app quality on the app stores<br><b>Mark Larsen</b>   | Can mimicking sleep-related brain rhythms in the awake brain influence neuroplasticity in health and disease?<br><b>Martin Sale</b>   | Evidence that different types of peer victimization experiences have equivalent and broadband associations with transdiagnostic psychopathology outcomes in adolescence<br><b>Miriam Forbes</b> | Sensory attenuation deficits to willed speech – A biomarker for schizophrenia?<br><b>Thomas Whitford</b>   | The global prevalence of bullying victimization: A systematic review and meta-analysis<br><b>Hannah Thomas</b>  |
| 11:36am - 11:48am                | University student survey of mindfulness delivery formats, mobile app use, and mental health<br><b>Laura Kempel</b>   | Is rTMS effective for anxiety symptoms in major depressive disorder? An efficacy analysis comparing left-sided high frequency, right-sided low-frequency and sequential bilateral rTMS protocols<br><b>Leo Chen</b> | Protocol for a Phase II Randomised Control Trial of a decision-aid website for young adults with bipolar II disorder<br><b>Alana Fisher</b>   | Childhood trauma exposure and inflammation in psychotic disorders<br><b>Yann Guide</b>   | The global burden of bullying victimization: A new risk factor for major depressive disorder and anxiety disorders in the Global Burden of Disease Study 2017<br><b>Holly Erskine</b> |
| 11:48am - 12:00pm                | Co-designing with users for better engagement and mental health outcomes<br><b>Mark Deady</b>   | <b>Oral Presentations</b><br>Differences in cognitive control brain activation between remitted bipolar and unipolar depressed individuals<br><b>Isabella Breukelaar</b>  | Young people and help-seeking in the digital age: A New Zealand study<br><b>Kerry Gibson</b>  | Reduced sleep spindles in schizophrenia – A treatable endophenotype that links risk genes to impaired cognition<br><b>Dara Manoach</b>                                 | The association between child maltreatment and depressive disorders: A systematic review and meta-analysis<br><b>Madeleine Gardener</b>   |

|                         |  |   |  |   |   |
|-------------------------|--|---|--|---|---|
| 12:00pm - 12:12pm       | Technical assessment of the privacy practices of popular mental health apps<br><b>Kit Huckvale</b>   | Cognitive and emotional biomarkers of Anxious Major Depressive Disorder: An iSPOT-D Report<br><b>Taylor Braund</b>  | Screening for suicidality and distress in young people<br><b>Owen Forbes</b>   | Prevalence of Obstructive Sleep Apnoea and barriers to diagnosis and treatment in Clozapine Clinic clients<br><b>Megan Kalucy</b> | <b>Oral Presentations</b><br>Statin use and depressive symptoms in a large population of healthy older people living in the community: A cross-sectional study<br><b>Bruno Agustini</b> |
| 12:12pm - 12:24pm       | <b>Oral Presentations</b><br>Who responds to online CBT versus mindfulness for depression and anxiety?<br><b>Jill Newby</b>  | Transdiagnostic features of emotional processing in Bipolar Disorder, Unipolar Depression and Schizophrenia<br><b>Cassandra Chakouch</b>  | Depression and suicidality following sport-related concussion: A pilot exploration of neurobiological mechanisms in a youth population<br><b>Amanda Clacy</b>  | Discussion  | Cognitive function and skeletal muscle in older men<br><b>Sophia Sui</b>  |
| <b>12:30pm - 1:30pm</b> | <b>Lunch and Poster Viewing</b><br><i>Room: Lilly Pond Terrace / Noosa Beach House Restaurant</i>  |   |  |   |   |
| <b>1:30pm - 3:00pm</b>  | <b>Plenary Session 4</b>   |   |  |   |   |
| <i>Room</i>             | <i>Noosa Ballroom</i>  |   |  |   |   |
| <i>Chair</i>            | Frances Kay-Lambkin  |   |  |   |   |
| 1:30pm - 2:15pm         | <b>International Invited Speaker - Sandra Bucci</b><br>Psychosis: A history of misconceptions. Is there a role for digital technology in supporting people who experience psychosis? |   |  |   |   |
| 2:15pm - 3:00pm         | <b>SMHR Founders Medal and Oration</b>   |   |  |   |   |
| <b>3:00pm - 3:30pm</b>  | <b>Afternoon Tea</b><br><i>Room: Lilly Pond Terrace / Noosa Beach House Restaurant</i>   |   |  |   |   |
|                         | <b>Concurrent Session 4</b>  |   |  |   |   |
| 3:30pm - 5:00pm         | <b>Youth Mental Health, Trauma, Physical Health in Mental Health Symposium: The impact of Psychological Trauma on Young People's Mental Health</b>                                   | <b>Mental Health in Vulnerable Populations Symposium: The Mental Health and Well-being of Autistic Adults and Relationship to Disability</b>  | <b>Substance Use</b>   | <b>Imaging, Mood Disorders Symposium: From Mapping to Modelling Mental Health and Disease with Neuroimaging</b>                   | <b>Consumer Research, Mental Health Services Symposium: Collaboration with consumers, carers and other stakeholders: Lessons for mental health policy, services and research</b>        |
| <i>Room</i>             | <i>Ballroom 1</i>  | <i>Ballroom 2</i>   | <i>Ballroom 3</i>  | <i>Laguna 1</i>   | <i>Laguna 2</i>   |
| <i>Chair</i>            | <b>Katherine Mills</b>   | <b>Adam Guastella</b>   | <b>Christina Marel</b>   | <b>Kathryn Broadhouse</b>   | <b>Michelle Banfield</b>  |
| 3:30pm - 3:42pm         | Mental health consequences of trauma exposure during childhood and adolescence: Disorderspecific or transdiagnostic?<br><b>Emma Barrett</b>  | Disability, functioning and quality of Life among treatment-seeking young adults with Autism Spectrum Disorder and its relationship to depression, anxiety, and stress<br><b>Adam Guastella</b> | <b>Oral Presentations</b><br>Binge drinking and the developing brain: A systematic review and meta-analysis<br><b>Briana Lees</b>  | Addressing heterogeneity in mental disorders by identifying data-driven subtypes of depression<br><b>Lianne Schmaal</b>           | Feasibility and acceptability of a peer-led e-mental health recovery application in an adult mental health service<br><b>Alyssa Morse</b>   |
| 3:42pm - 3:54pm         | Evidence-based treatment for traumatic stress and substance use among adolescents<br><b>Katherine Mills</b>  | Risk and protective factors underlying suicidal ideation in Autism: Findings from a nationally representative sample<br><b>Darren Hedley</b>  | Anxiety and depressive symptoms in binge drinking: Examining the moderator role of impulsivity<br><b>Rob Hester</b>  | Advancing a brain model of human fear regulation<br><b>Ben Harrison</b>   | Evaluation of the Partners in Recovery program: Outcomes and experience of consumers and providers for a tailored health and social care program<br><b>Michelle Banfield</b>            |
| 3:54pm - 4:06pm         | Disordered eating and co-occurring substance use among young people: A systematic review of prevalence, patterns and the impact of trauma exposure<br><b>Ivana Kihás</b>             | Know your Normal: Understanding the mental health experiences of young autistic adults in England<br><b>Liz Pellicano</b>   | Conditional probabilities of substance use disorders and associated risk factors: Progression from first use to use disorder on alcohol, cannabis, stimulants, sedatives and opioids<br><b>Christina Marel</b> | Neuroimaging biomarkers to classify mood disorders<br><b>Mayuresh Korgaonkar</b>  | Whose story is it? Mental health consumer and carer perspectives on ethical mental health research<br><b>Alyssa Morse</b>   |

|                         |  |   |   |   |  |
|-------------------------|--|---|---|---|--|
| 4:06pm - 4:18pm         | The content of trauma and hallucinations in first episode psychosis<br><b>Natalie Peach</b>  | Longitudinal study of predictors of mental health and well-being in adults with autism in a supported employment setting<br><b>Simon Bury</b>   | The association between genetic variation in the Alcohol Dehydrogenase gene cluster and alcohol use and abuse and esophageal squamous cell carcinoma risk<br><b>Penelope Lind</b> | Adrenarcheal timing predicts the development of anxiety symptoms via amygdala functional connectivity during emotion processing: A longitudinal study<br><b>Sarah Whittle</b> | Finding the Path: Recommendations for improving service access and navigation for people with serious mental illness<br><b>Michelle Banfield</b> |
| 4:18pm - 4:30pm         | <b>Oral Presentations</b>  | Autism, Early Psychosis, and Social Anxiety Disorder: A transdiagnostic examination of executive function cognitive circuitry and contribution to disability<br><b>Adam Guastella</b> | "It's like a counselling session... but you don't need to say anything." Exercise program outcomes for youth within a drug and alcohol treatment service<br><b>Bonnie Furzer</b>  | The Longitudinal Adolescent Brain Study: Mapping brain development in health and disease<br><b>Kathryn Broadhouse</b>   | <b>Oral Presentations</b>  |
|                         | Imagery rescripting for the treatment of trauma in voice hearers: A case series<br><b>Georgie Paulik</b>   |   |   |   | Building Bridges: Aboriginal Elders and young people translating knowledge into action in youth mental health services<br><b>Ashleigh Lin</b>    |
| 4:30pm - 4:42pm         | Investigating the relationship between anxiety, depression and severe nausea and vomiting during pregnancy<br><b>Sarah Medland</b>                         | <b>Oral Presentations</b>   | Experiential Avoidance as a driving factor behind compulsivity<br><b>Lauren Den Ouden</b>   | <b>Oral Presentations</b>   | A process evaluation of an integrated mental health service model<br><b>Imogen Page</b>  |
|                         |  | Psychological interventions for young people at risk for bipolar disorder: A systematic review<br><b>Tania Perich</b>   |   | Androgens and the female brain: Testosterone, mood and cognitive function in females with Polycystic Ovarian Syndrome<br><b>Mayouri Sukhpure</b>                              |  |
| 4:42pm - 4:54pm         | Diet quality and nutritional adequacy of inpatients within acute mental health units. Are we really providing a 'health' service?<br><b>Oscar Lederman</b> | The impact of culturally-tailored mental health and suicide prevention programs for Australians living and working in rural and remote areas<br><b>Jennifer Bowers</b>                | Cognitive impulsivity deficits and abstinence-related recovery among people with methamphetamine dependence<br><b>Antonio Verdejo-Garcia</b>                                      | Mood disorder and antidepressant use as risk factors for fracture in men: A 16 year longitudinal study<br><b>Lana Williams</b>  | Lessons learned from early stages of implementing stepped care primary mental health services in Australia<br><b>Bridget Bassilios</b>           |
| <b>6:15pm</b>           | <b>Ferry Departs from SOFITEL Wharf</b>  |   |   |   |  |
| <b>7:00pm - 10:30pm</b> | <b>Conference Dinner - Pier 11 Restaurant, Noosa Marina - Sponsored By CQUniversity</b>  |   |   |   |  |

| FRIDAY 30 NOVEMBER 2018: DAY 3 |  |  |   |   |  |
|--------------------------------|--|--|---|---|--|
| 8:30am - 5:00pm                | <b>Registration and Information Desk Open</b><br><i>SOFITEL Hotel Lobby</i>  |  |   |   |  |
| 9:00am - 10:30am               | <b>Plenary Session 5</b>   |  |   |   |  |
| <i>Room</i>                    | <i>Noosa Ballroom</i>  |  |   |   |  |
| <i>Chair</i>                   | Helen Christensen  |  |   |   |  |
| 9:00am - 9:45am                | <b>International Invited Speaker - Bob Krueger</b><br>Toward an empirical approach to the classification of psychopathology  |  |   |   |  |
| 9:45am - 10:30am               | <b>International Keynote Speaker - David Mohr</b><br>Rethinking our approaches to digital mental health research   |  |   |   |  |
| 10:30am - 11:00am              | <b>Morning Tea</b><br><i>Room: Lilly Pond Terrace</i>  |  |   |   |  |
| <b>Concurrent Session 5</b>    |  |  |   |   |  |
| 11:00am - 12:30pm              | <b><u>Workplace Mental Health</u></b><br><b>Symposium: The Mental Health of Doctors and Medical Students</b>   | <b><u>Cortical Development, Child Mental Health</u></b><br><b>Symposium: Brain Development, Adversity and Mental Health</b>                    | <b><u>Physical Health in Mental Health</u></b>  | <b><u>Youth Mental Health</u></b>   | <b><u>Consumer Research</u></b><br><b>Symposium: Supporting Family and Friends Who Support People with a Mental Illness or Alcohol/Other Drug Use Problems</b> |
| <i>Room</i>                    | <i>Ballroom 1</i>  | <i>Ballroom 2</i>  | <i>Ballroom 3</i>   | <i>Laguna 1</i>   | <i>Laguna 2</i>  |
| <i>Chair</i>                   | <b>Samuel Harvey</b>   | <b>Vanessa Cropley</b>   | <b>Phil Ward</b>  | <b>Linda Engel</b>  | <b>Frances Kay-Lambkin</b>   |
| 11:00am - 11:12am              | Are doctors at increased risk of mental health problems....and if so, why?<br><b>Samuel Harvey</b>   | Early life trauma exposure and its effect on brain development<br><b>Mayuresh Korgoankar</b>   | <b>Oral Presentations</b><br>Physical activity of people with mental disorders compared to the general population: A systematic review of longitudinal cohort studies<br><b>Shuichi Suetani</b>             | <b>Oral Presentations</b><br>What trauma-exposed young people tell us about their barriers to services: The voices we don't hear<br><b>Carli Ellinghaus</b> | 'I no longer know that person': Grief and loss in families living with addiction<br><b>Dara Sampson</b>  |
| 11:12am - 11:24am              | Prevention of suicide in medical students: A systematic review and stakeholder consultation<br><b>Michelle Lamblin / Alexandra Boland</b>  | Multimodal structural neuroimaging markers of brain development and ADHD symptoms<br><b>Timothy Silk</b>                                       | Managing antipsychotic-associated cardio-metabolic risk factors with glucagon-like peptide-1 receptor-agonists for: a systematic review and individual participant data meta-analysis<br><b>Dan Siskind</b> | Perceived need for mental health care among Australian adolescents: Do adolescents and their parents agree?<br><b>Nina Schnyder</b>                         | Systematic review of interventions for friends and family members affected (AFFMs) by another person's substance use<br><b>Frances Kay-Lambkin</b>             |
| 11:24am - 11:36am              | Improving doctors' mental health: A systematic review and meta-analysis of interventions to reduce symptoms of common mental disorder and suicidal ideation amongst doctors<br><b>Katherine Petrie / Joanna Crawford</b> | Brain structural trajectories in psychosis<br><b>Vanessa Cropley</b>   | Signs pointing to collaboration: Physical health in recovery<br><b>Richard Clancy</b>   | Young people's experience of youth mental health service integration in Western Australia<br><b>Rikki Battersby</b>   | Learnings from Partners in Depression – A program for carers of people with depression<br><b>Sally Fitzpatrick</b>   |
| 11:36am - 11:48am              | Implementing a mindfulness program for junior doctors<br><b>Nick Glozier</b>   | Internalising and externalising symptoms are differentially associated with cortical development during late childhood<br><b>Sarah Whittle</b> | The association between indicators of physical health, posttraumatic stress symptoms and functional impairment amongst patients admitted to a traumatic stress inpatient ward<br><b>Simon Rosenbaum</b>     |   | National dissemination of a program for people who care for a person with depression predictors of program delivery<br><b>Katie McGill</b>                     |



|                         |   |  |  |  |  |
|-------------------------|---|--|--|--|--|
| 11:48am - 12:00pm       | Development of a smartphone app to support the mental health of junior doctors in NSW<br><b>Joanna Crawford</b>   | <b>Oral Presentations</b>  | A co-designed physical activity intervention delivered online for first responders and their partners<br><b>Grace McKeon</b>   | Discussion   | Designing an e-health intervention for families and friends affected by someone else's ice use of ice<br><b>Jenny Geddes</b>                     |
|                         |   | The search for genes influencing the structure of the human cortex<br><b>Jodie Painter</b>   |  |  |  |
| 12:00pm - 12:12pm       | Development of a national mental health and suicide framework for the medical profession<br><b>Sally Fitzpatrick</b>  | The psychosocial profiles of children aged 11-12 years who have self-harmed: A prospective cohort study<br><b>Rohan Borschmann</b>                   | The role of yoga in the treatment of mental illness: A systematic review and meta-analysis<br><b>Jacinta Brinsley</b>  |  | The STELLER Study: Supporting the Transition into Everyday Life of Lived Experience Research<br><b>Katherine Boydell</b>                         |
| 12:12pm - 12:24pm       | <b>Oral Presentations</b>   | Mental health problems and academic performance in late childhood: A longitudinal study<br><b>Lisa Mundy</b>   | Psychiatrists' have an opportunity to promote exercise for people with severe mental illness<br><b>Nicole Korman</b>   | Discussion   | Discussion   |
|                         | Reconsidering stigma and barriers to mental health care in the Australian Defence Force<br><b>Helen Benassi</b>   |  |  |  |  |
| <b>12:30pm - 1:30pm</b> | <b>Lunch and Poster Viewing</b><br><i>Room: Lilly Pond Terrace / Noosa Beach House Restaurant</i>   |  |  |  |  |
| 1:30pm - 2:30pm         | <b>Awards Orations</b>  |  |  |  |  |
| <i>Room</i>             | <i>Noosa Ballroom</i>   |  |  |  |  |
| <i>Chair</i>            | <i>Eoin Killackey</i>   |  |  |  |  |
| 1:30pm - 2:00pm         | <b>SMHR Oration Award Presentation</b>  |  |  |  |  |
| 2:00pm - 2:30pm         | <b>Australian Rotary Health - Mental Health IMPACT Award</b>  |  |  |  |  |
| <b>2:30pm - 3:00pm</b>  | <b>Afternoon Tea</b><br><i>Room: Lilly Pond Terrace / Noosa Beach House Restaurant</i>  |  |  |  |  |
|                         | <b>Concurrent Session 6</b>   |  |  |  |  |
| 3:00pm - 4:30pm         | <b>Translational Mental Health Symposium: Mental Health First Aid Training: From Efficacy to Dissemination</b>  | <b>eMental Health Symposium: Leveraging Social Media as an Engagement Tool for Treatments Targeting Mental Health and Alcohol/Other Drug Use</b>     | <b>Youth Mental Health</b>   | <b>Epidemiology and Public Health, Mental Health Services</b>  | <b>Psychopharmacological Therapies Symposium: N-acetylcysteine (NAC) Across Psychiatry</b>   |
| <i>Room</i>             | <i>Ballroom 1</i>   | <i>Ballroom 2</i>  | <i>Ballroom 3</i>  | <i>Laguna 1</i>  | <i>Laguna 2</i>  |
| <i>Chair</i>            | <b>Amy Morgan</b>   | <b>Frances Kay-Lambkin</b>   | <b>Larisa McLoughlin</b>   | <b>Matthew Sunderland</b>  | <b>Alyna Turner</b>  |
| 3:00pm - 3:12pm         | Systematic review and meta-analysis of Mental Health First Aid training: Effects on knowledge, stigma, and helping behaviour<br><b>Amy Morgan</b>                         | Using online platforms to encourage consumer participation and engagement with eHealth tools for mental health and wellbeing<br><b>Jamie Carlson</b> | <b>Oral Presentations</b>  | <b>Oral Presentations</b>  | N-Acetyl Cysteine (NAC) and Schizophrenia. A brief review of the literature and an update on the current ENHANCE NAC trial<br><b>Erica Neill</b> |
|                         |   |  | Emotion regulation in adolescents: Associations with bullying victimisation, bullying perpetration, internalising symptoms and externalising problems<br><b>Erin Kelly</b> | Analysing age trends in the rate of major depression across adolescence and the moderating effects of body mass index using time varying effects models<br><b>Matthew Sunderland</b> |  |
| 3:12pm - 3:24pm         | Does Mental Health First Aid training improve the mental health of aid recipients? The Training for Parents of Teenagers randomized controlled trial<br><b>Amy Morgan</b> | Who and how did people end up in the online iTreAD trial<br><b>Frances Kay-Lambkin</b>   | Understanding the brains of cyberbystanders: A functional MRI study of young adults witnessing cyberbullying<br><b>Larisa McLoughlin</b>                                   | The association between migrant status and being identified as ultra-high risk for psychosis and transitioning to a psychotic disorder<br><b>Brian O'Donoghue</b>                    | NAC and other mitochondrial agents in the treatment of bipolar depression<br><b>Alyna Turner</b>   |



|                 |  |  |  |  |   |
|-----------------|--|--|--|--|---|
| 3:24pm - 3:36pm | Effects of training in how to assist a suicidal person: results from a national survey<br><b>Anthony Jorm</b>  | Using social networking with e-health interventions for depression and alcohol use in young Australians (The iTreAD project)<br><b>Jenny Geddes</b>  | Identifying predictors of outcome in childhood anxiety disorders following stepped care<br><b>Jennie Hudson</b>  | The exclusion of people with mental ill health from insurance – Can we do better?<br><b>Nick Glozier</b>   | A potential role for N-acetylcysteine (NAC) in methamphetamine dependence?<br><b>Olivia Dean</b>  |
| 3:36pm - 3:48pm | teen Mental Health First Aid: Evaluating suicide first aid outcomes from cluster cross over randomized controlled trial<br><b>Laura Hart</b>   | Managing risk and emotional crises in a social network for comorbid binge drinking and depression in young people<br><b>Sally Hunt</b>   | Utility of machine learning to predict symptomatic and functional outcome in youth mental health: The Transitions studies in Australia and the UK<br><b>Stephen Wood</b>     | Big data in a New Zealand health care setting: Preliminary data relating to prescribing for Alcohol Use Disorder<br><b>Ben Beaglehole</b>            | Increasing age increases risk of POCD after major non-cardiac surgery regardless of procedure or anaesthetic modality<br><b>Michael Berk</b>                        |
| 3:48pm - 4:00pm | teen Mental Health First Aid (tMHFA) for students in years 7-9: An uncontrolled trial<br><b>Kathy Bond</b>   | Symposium Discussion   | Neurocognition and longitudinal psychosocial functioning in young people accessing a mental health service: A naturalistic cohort study<br><b>Jacob Crouse</b>               | The long-term mental health of Australia's tertiary students<br><b>Richard Burns</b>   | <b>Oral Presentations</b><br><br>N-acetylcysteine for cessation of tobacco smoking<br><b>Lauren Arancini</b>  |
| 4:00pm - 4:12pm | Exploring the role of mental health first aid officers in workplaces: a qualitative study using case study methodology<br><b>Nataly Bovopoulos</b>   | <b>Oral Presentations</b><br><br>Self-guided internet-delivered cognitive behaviour therapy for obsessive-compulsive disorder: Preliminary findings from a randomised controlled trial<br><b>Bethany Wootton</b> | NEURAPRO Revisited: Increases In long-chain omega-3 fatty acids improve functional and symptomatic outcomes In youth at ultra-high risk of psychosis<br><b>Paul Amminger</b> | Reforming primary mental health care in Australia: Service planning and integration to meet the national reform agenda<br><b>Michelle Williamson</b> | The effect of a combination of mitochondrial-enhancing agents is mediated by IL-6 and antioxidant capacity in bipolar disorder patients<br><b>Chiara Bortolasci</b> |
| 4:12pm - 4:24pm | <b>Oral Presentations</b><br><br>Effectiveness of eLearning and blended modes of delivery of Mental Health First Aid training in the workplace: randomised controlled trial<br><b>Nicola Reavley</b> | Discussion   | A brief dietary intervention can reduce symptoms of depression in adolescents with depressed mood<br><b>Heather Francis</b>  | Updating a national planning tool for modelling mental health service needs in rural and remote areas<br><b>Charlotte Woody</b>                      | Targeting microRNAs to screen for new compounds to treat bipolar disorder<br><b>Ken Walder</b>  |
| 4:30pm - 5:00pm | <b>Conference Close and Awards Presentation</b><br><i>Room: Laguna 1</i>   |  |  |  |   |